

Abstract

A process for preparing and concentrating (6S, α S) or (6S, α R) tetrahydrofolic acid ester salts and (6S, α S) or (6S, α R) tetrahydrofolic acid, characterised by preparing or dissolving equimolar or concentrated mixtures of diastereomers of addition salts of tetrahydrofolic acid esters with aromatic sulphonic acids in organic solvents, followed by crystallising them at least once, and then if applicable hydrolysing the crystallisate to produce (6S, α S) or (6S, α R) tetrahydrofolic acid, crystallising the latter as a free acid or isolating it in the form of a salt.

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